

MARCH 2025

RECOMMENDED READS, MOVIES & MORE!

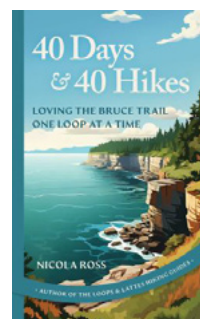


9 Books to March
(or Walk or Run)
into March with

 Vaughan
Public Libraries

FOR ADULTS

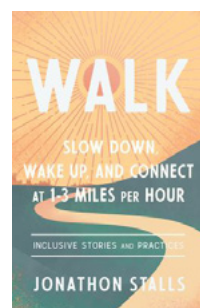
9 Books to March
(or Walk or Run)
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40 Days & 40 Hikes

by Nicola Ross

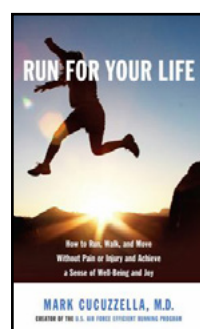
Take a trip with a seasoned adventurer and environmentalist as she tackles Canada's longest marked trail in forty cleverly crafted day-loops, with insights into Ontario's natural flora, fauna, and history.



Walk

by Jonathon Stalls

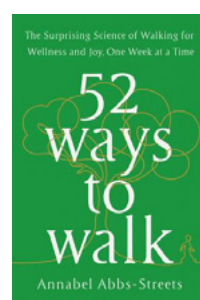
Slowing down and just walking can do wonders for yourself, others, and nature. Meander and muse with Jonathon Stalls in a collection of thoughtful essays.



Run for your Life

by Mark Cucuzzella

No matter your age, running and exercise are for you! Three decades of the science behind running is distilled into this book so you can sprint, dart, and dash to your fullest while staying injury free.



52 Ways to Walk

by Annabel Streets

Did you ever imagine there was more than one way to walk? Streets delves into the wide, wonderful world of walking, the science behind it, and how to do it well.



Runner's World Meals on the Run

Fuel your run in 30 minutes or less with delicious, health-focused, energy-rich recipes for every kind of athlete. Vegan, vegetarian, and gluten-free recipes are included.



Happy Trails

by Shawn Smith

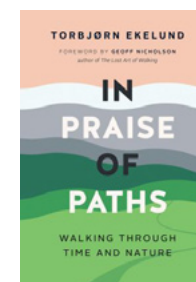
Are you and your loved ones ready to go outdoors? Use this family-tested guide for all things hiking, nature trails, biking, and more in the GTA!



Walk Through This

by Sara Schulting Kranz

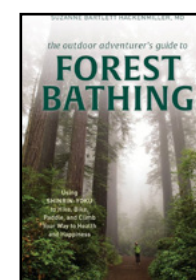
What do you do when the unexpected happens and life beats you down? Kranz turns to the healing power of walking in nature to help guide her (and you too) through trauma and her new life as a young, single mother.



In Praise of Paths

by Torbjørn Lysebo Ekelund

After an epilepsy diagnosis, Ekelund discovers a deeper love for the joys of walking, sharing his musings in a literary and historical ode to routes and paths old and new.



The Outdoor Adventurer's Guide to Forest Bathing

by Suzanne Bartlett Hackenmiller

What is forest bathing? If you're curious, you can learn about the Japanese practice of shinrin-yoku and maximize the health benefits of being in nature while doing your favorite outdoor activity.

FOR TEENS

8 Books for Future Library Workers



Archival Quality

by Ivy Noelle Weir

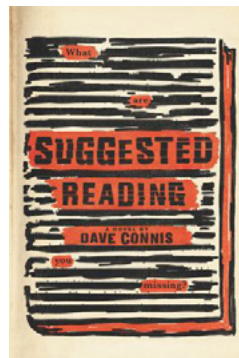
Teen Cel moves from a job at the library to an archives position at the spooky Logan Museum. There, the presence of a spirit starts to haunt her dreams in this young adult graphic novel.



True or False

by Cindy L. Otis

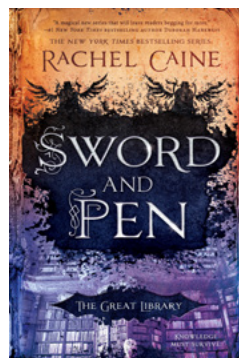
Information literacy is at the forefront of this non-fiction book that teaches you how to identify misinformation. A great resource for a burgeoning information professional.



Suggested Reading

by Dave Connis

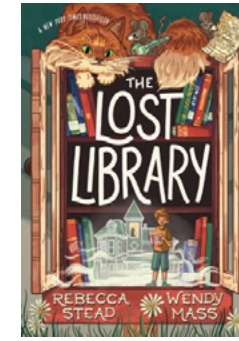
In an age of increasing censorship and book banning, one teenager stands up to her principal's list of banned media by starting an "underground library" out of her locker.



Sword and Pen

by Rachel Caine

The last in a YA fantasy series that is also an alternate history of sorts. What if the Library of Alexandria had not fallen into ruin and had instead become the Great Library, an all-powerful entity that controls the spread of information by making book ownership illegal?



The Lost Library

by Rebecca Stead

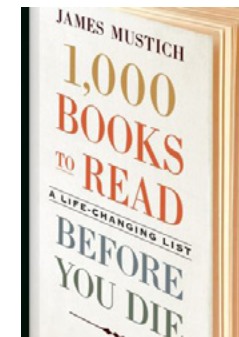
A novel with quite the endearing description: a librarian ghost, aging cat, and tween Evan narrate this tale about a free library at the centre of a mystery.



Brielle & Bear

by Salomey Doku

First-year student at Once Upon a Time University, Brielle is a book lover. Her beloved fairy tale characters have come to life in this graphic novel retelling of Beauty and the Beast.



1,000 Books to Read Before You Die

by James Mustich

This list of must-reads -- from classics to modern literature -- is perfect for making reading recommendations.



The Forgotten Book

by Mechthild Gläser

Translated from the German, this fantasy narrative follows Emma as she finds a magical book in a deserted library. Anything written in its pages becomes reality.

FOR KIDS

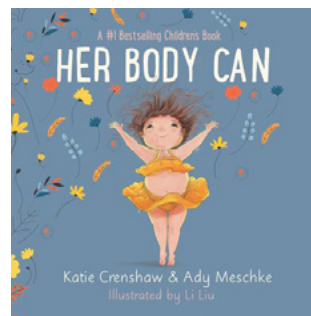
8 Books that Inspire Every Young Woman

We are all
SUPER



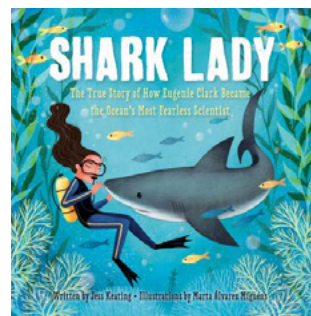
Josephine Baker

by Ma Isabel Sanchez Vegara
Josephine Baker was an American dancer and actor that found fame in France. Can you believe she even worked as a spy in World War II?



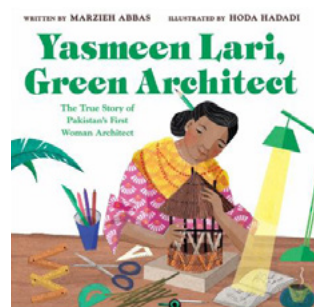
Her Body Can

by Katie Crenshaw
This cute picture book teaches young girls about body positivity and self-love.



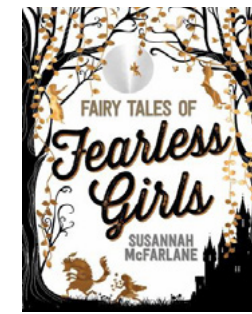
Shark Lady

by Jess Keating
Eugenie Clark was hooked on sharks after a childhood visit to the aquarium. From then on, she studied sharks and became known as the brave Shark Lady!



Yasmeen Lari, Green Architect

by Marzieh Abbas
Meet Yasmeen Lari! She's an architect who didn't let anything stop her from following her dreams.



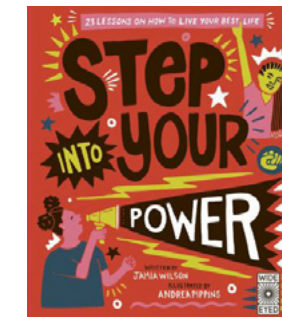
Fairy Tales of Fearless Girls

by Susannah McFarlane
Exquisitely illustrated, this picture book reimagines beloved fairy tales with a feminist twist.



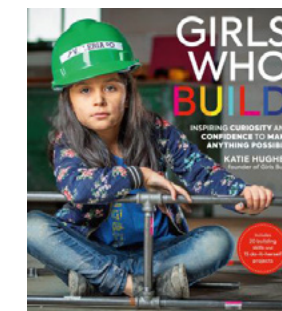
Rebel Girls Awesome Entrepreneurs

by Abby Sher
Be a rebel in the business world! 25 powerful female entrepreneurs are outlined in this awesome book.



Step into your Power

by Jamia Wilson
A fun guide for girls who want to feel super powerful!



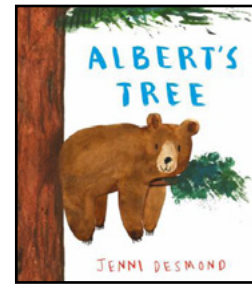
Girls Who Build

by Katie Hughes
A how-to book that also highlights the inspiring stories of young girls that learned to build.

FOR KIDS

10 Cheerful Picture Books to Celebrate Spring

HELLO
my happy
SPRING!



Albert's Tree

by Jenni Desmond

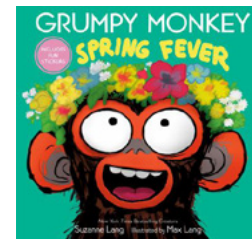
After waking up from his winter nap, Albert is excited to spend time with his favourite tree! But why is his tree crying?



Goodbye Winter, Hello Spring

by Kenard Pak

In a story told through conversations with nature, follow along as a young boy says goodbye to winter, and welcomes in a new spring.



Spring Fever

by Suzanne Lang

Jim Panzee is acting very strange! He is running through the jungle, laughing and shouting! Oh no, does he have spring fever?



First Notes of Spring

by Jessica Kulekjian

All the forest animals get together to welcome spring through a medley of noises! What happens when Juniper is told there is no room for her percussion skills in the band?



Only the Trees Know

by Jane Whittingham

The little rabbit is tired of waiting for spring, but his grandmother tells him only the trees know when spring will come. Join him as he tries to learn from the forest when spring will finally be here.



Dormouse Dreams

by Karma Wilson

What does a mouse dream of when hibernating through winter? Enter Dormouse's dreams, where he imagines himself going on whimsical adventures with his best dormouse friend!



Shake A Leg, Egg!

by Kurt Cyrus

It's finally spring and the pond is filled with new life! But everyone in the pond is still waiting for the last goose egg to hatch. Just when will the last gosling join the world?



Finding Spring

by Carin Berger

A mischievous bear cub Maurice decides he does not want to sleep through winter. Instead, he goes out in search of spring! What will he and his friends find?



Sing in the Spring!

by Sheree Fitch

Told through poetry and extraordinary quiltwork illustrations, this story welcomes the coming of spring from the view of a small rural home and the nature that surrounds it.



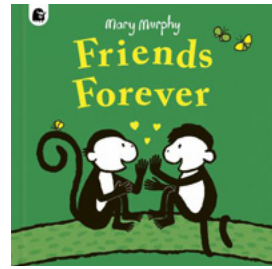
The Earth Gives More

by Sue Fliess

Celebrate the change of the seasons with this rhyming tale, as it teaches us just how we can respect and care for our Earth!

FOR ALL AGES

9 Exciting New Titles to Discover



Friends Forever

by Mary Murphy

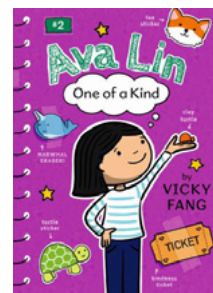
Everything becomes brighter with a good friend by your side. Through beautiful artwork, this heartwarming picture book follows two monkeys as they enjoy every moment of their friendship.



Toto

by Hyewon Yum

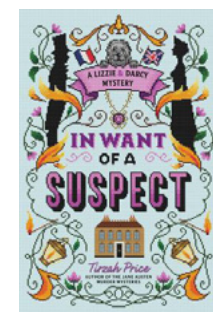
A little girl worries she might be treated differently at school because of her birthmark. Tender and insightful, this is a story about self-acceptance and celebrating uniqueness.



Ava Lin, One of a Kind

by Vicky Fang

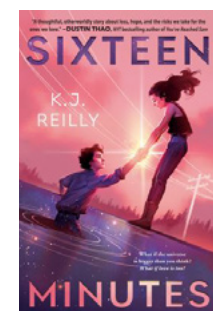
In this adorable chapter book, Ava Lin is determined to be the first in her class to collect the most kindness tickets and get the reward. But what does it truly mean to be kind to people?



In Want of a Suspect

by Tirzah Price

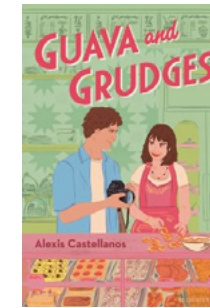
Who could be behind the deadly warehouse fire? Packed with twists and turns, this gripping mystery novel follows Lizzie and Darcy as they team up to investigate the case.



Sixteen Minutes

by K. J. Reilly

The story revolves around three teens whose lives are altered by the arrival of a mysterious girl from the future. An engaging time-travel novel about loyalty and making choices.



Guava and Grudges

by Alexis Castellanos

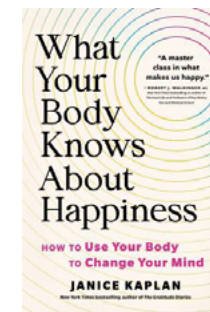
Ana Maria is passionate about baking and dreams of becoming a pastry chef. Will she accept help from her rival to achieve her goal? A delightful YA romance novel not to be missed.



A Very Bad Thing

by J. T. Ellison

Perfect for fans of suspenseful thrillers, the story features a well-known author who is murdered during her book tour. Things get more complicated as the hidden secrets from the past are unveiled.



What Your Body Knows About Happiness

by Janice Kaplan

Based on scientific research, this comprehensive guide explores the mind-body connection and offers practical techniques to boost happiness.



Talk

by Alison Wood Brooks

What skills are essential for enhancing the quality of our personal and professional relationships? This groundbreaking resource shares useful tips and insights to master the art of conversation.

FRENCH - FOR ALL AGES

8 Lectures fraîches pour le printemps

Fresh Reads to Spring Into



ABC du rivage

par Rhéa Dufresne

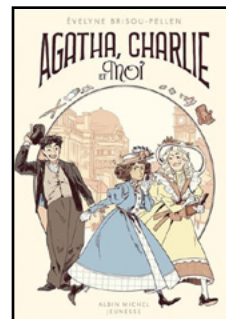
Au fil des pages, la poésie des mots transporte le jeune lecteur vers des curiosités à découvrir. Pour les tout-petits. / *Each page turn whisks young readers to a world full of curiosities. For young children.*



Au resto avec papa et papa

par Guillaume Demers

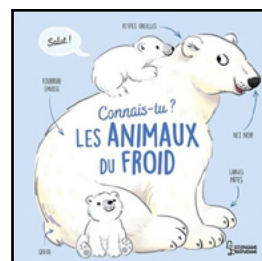
Croquette adore les vendredis soir où ses deux papas l'emmènent au restaurant pour une aventure pleine d'odeurs, de saveurs et de couleurs. Pour les tout-petits. / *Croquette loves Friday nights when her two dads take her on a sensory adventure at the restaurant. For young children.*



Agatha, Charlie et moi

par Evelyne Brisou-Pellen

En 1903, Flora, une Londonienne de 13 ans, reçoit des missives anonymes et rencontre Agatha Christie et Charlie Chaplin pour élucider un mystère. Pour les enfants d'âge scolaire. / *In 1903, 13-year-old Flora receives anonymous letters and teams up with Agatha Christie and Charlie Chaplin to solve a mystery. For school-aged kids.*



Les animaux du froid

par Olivier Le Gall

Découvrez les animaux du froid : leurs caractéristiques fascinantes, leur vie quotidienne, et leur environnement. Pour les enfants d'âge scolaire. / *Explore the animals of the cold: their intriguing traits, daily lives, and habitats. For school-aged kids.*



À cran de montagne

par Sébastien Gagnon

Sarah est coincée dans un pick-up « emprunté », avec Billy, tout aussi perdu qu'elle. Pour les adolescents. / *Sarah is stuck in a "borrowed" pickup truck with Billy, who's just as lost as she is. For teens.*



Le cri du corps

par Alexandre Chardin

À 14 ans, Adam reste à terre après une bagarre, feignant d'être blessé à l'arrivée de la police, mais il réalise bientôt que le jeu est allé trop loin. Pour les adolescents. / *14-year-old Adam remains on the ground after a brawl, pretending to be injured when the police arrive, but soon realizes the game has gone too far. For teens.*



Un certain art de vivre

par Dany Laferrière

Dany Laferrière dessine un autoportrait naïf et charmant, à savourer lentement comme un après-midi de pluie en été. Pour adultes. / *Dany Laferrière draws a naive and charming self-portrait, to be savored slowly like a rainy summer afternoon. For adults.*



On m'appelle Demon Copperhead

par Barbara Kingsolver

En Virginie, Demon Copperhead lutte contre l'échec scolaire, l'addiction et des amours désastreuses, mais son courage et sa combativité l'aident à survivre et à se forger un destin. Pour adultes. / *In Virginia, Demon Copperhead's courage and fighting spirit help him overcome struggles and forge a destiny. For adults.*



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