

Colour Games with your Baby

Look out the window with your baby. Describe the colours you are both seeing, such as the blue sky, white clouds, red car, etc.

Pour a couple of colours of paint on a piece of paper. Then, put it in a large Ziploc bag. Give the bag to your baby to move and mix the paint with their hands.

Put a colourful sticker on your nose. When your baby tries to grab it, name the body part. Repeat with another facial body part.

As you dress your baby, tell them what colours they are wearing and point to them. Then, tell them what colours you are wearing and direct their finger to point to them.

While wearing a colourful hat or scarf, face your baby towards you and let them explore the item.

Wear a shirt with a pocket. Put a small, colourful toy of interest in the pocket. Ask your baby, "Where did it go?" and see if they will seek it out.

Sort your baby's toys in piles of colour, then tell your baby what colour each pile is.

Wave two pieces of coloured fabric back and forth and make them "fly". Then, give them to your baby and see if they will copy you.



Sit on the floor and stack some colourful blocks. Name each colour of block you stack. Then, encourage your baby to knock the stack down.

Fill a clear plastic bottle with coloured rice or other small, colourful objects (such as dried pasta or beans). Seal and glue on the lid, then give the bottle to your baby to shake and explore.

Songs to Sing to your Baby

Red and Blue

(Tune: "Brother John/Frère Jacques")

Red and blue. Red and blue.
Orange and purple. Orange and purple.
Don't forget green. Don't forget green.
And yellow too. And yellow too.

Mmm Ah, went the Little Green Frog

Mmm ah, went the little green frog one day.
Mmm ah, went the little green frog.
Mmm ah, went the little green frog one day.
And they all want mmm mmm ah!
But... we know frogs go laladadida,
Laladadida, laladadida
They don't go mmm mmm ah!

Rainbow Song

(Tune: Twinkle, Twinkle, Little Star)

Red and orange, green and blue.
Shiny yellow, purple too.
All the colours that we know,
Live up in the rainbow.
Red and orange, green and blue.
Shiny yellow, purple too.

Singing Tip!

When singing "Red and Blue" and the "Rainbow Song", look at a picture of a rainbow and point to the colours.

