# Mirror Play with your Baby

While sitting in front of a mirror with your baby, tickle your baby's body. Name and point to each body part you are going to tickle.

**Safety Tip!**
When using a mirror for these activities, ensure that they are firmly secure on the wall, or use non-breakable, plastic mirrors.

Find some stuffed animals and toys and perform a puppet show in front of a mirror. Encourage your baby to join in and watch themselves "perform" too.

Spray water onto the mirror, then give your baby large pieces of cellophane to stick to the mirror.

Sit your baby in front of a mirror and sit behind them. Bring out a toy or something of interest so they can see it in the mirror. See if they'll turn around to grab whatever you have.

Put your baby in front of a mirror with some toys and see if they watch themselves playing. If not, encourage them to look at the mirror by pointing to it.

Put out pictures of people with different facial expressions near a mirror. Point to the expressions and imitate them in a mirror. Encourage your baby to do the same.

In front of a mirror, point to your baby's reflection and say their name, then point to them and say their name again. Then, do the same with yourself.

Put yourself and your baby in front of a mirror and tell them what you are both seeing (i.e. "I see your feet and my feet.")

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# Songs to Sing to your Baby

## Cheek, Chin

Cheek, chin. Cheek, chin.
Cheek, chin. Nose. *(Touch baby's nose)*
Cheek, chin. Cheek, chin.
Cheek, chin. Toes. *(Touch baby's toes)*
Cheek, chin. Cheek, chin.
Up baby goes! *(List baby in the air)*

## Mirror, Mirror

Mirror, mirror, on the wall.
Who is the fairest of them all?
Mirror, mirror, who do I see?
My baby looking back at me!

## Here's my Body

*(Tune: Where is Thumbkin?)*
Here's my head. Here's my nose.
See my hands. Touch my toes.
Reach up with my fingers.
High as they can go.
Wave them back, to and fro.

## Singing Tip!

Sing these songs with your baby in front of a mirror. Point to and interact with their body parts when singing "Cheek, Chin" and "Here's my Body".

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