

# Silly Activities with your Baby

Face your baby and make silly faces (i.e. sticking out your tongue). See if your baby laughs or tries to imitate you.

Tap your baby on different parts of their body. As you tap each part, say, "beep". Do it again, but add the body part too (i.e. "Beep your nose.")

Bounce your baby on a bed. As you bounce them, make silly and fun sounds, like, "Wheel!" or "Boing!"

When changing your baby's diaper, tell them, "Very stinky!" After changing them, say, "All clean! You smell nice!"

With your finger, brush your baby's lips. Bring your baby's finger to their lips to do the same motion.

Tell your baby that you're going to tickle them, then gently tickle their feet, tummy, cheeks, etc.

Talk to your baby through a puppet or a stuffed animal. Make into a character (with a distinctive voice and name). Do a mini puppet show with various characters if they look interested.

With a cup of milk or water, blow bubbles with a straw. Pause and tell your baby that they're bubbles. Watch their reactions.

When giving your baby a bath, show them how to splash the water with their hands. Then, encourage them to splash you and themselves!

Talk to your baby and make different, silly sounds through an empty paper towel roll (i.e. "doodoodoo" in a deep voice, or "lalalala" in a high-pitched voice").



# Songs to Sing to your Baby



## Open, Shut Them

Open, shut them. Open, shut them.  
Give a little clap, clap, clap.  
Open, shut them. Open, shut them.  
Lay them on your lap, lap, lap.  
Creep them, crawl them. Creep them, crawl them.  
Right up to your chin, chin, chin.  
Open wide your little mouth  
...but do not let them in!  
Shake them, shake them. Shake them, shake them.  
Shake them just like this, this, this.  
Roll them, roll them. Roll them, roll them.  
Roll and blow a little kiss!

### **Singing Tip!**

Give your baby the biggest smile while singing these songs to them! Don't be afraid to act and sound silly when singing them too!

## Pizza Pickle Pumpernickel

Pizza, pickle. Pumpernickel.  
My little one shall have a tickle!  
One for your nose. One for your toes.  
And one for your tummy for where the hot dog goes!

## Bananas Unite!

Bananas Unite! (*Stretch arms up high and bring them together*)  
Peel bananas. Peel, peel bananas. (x2)  
Chop bananas. Chop, chop bananas. (x2)  
Mash bananas. Mash, mash bananas. (x2)  
Slice bananas. Slice, slice bananas. (x2)  
Go bananas. Go, go bananas! (x2)

Bananas Unite!



### **Singing Tip!**

For "Bananas Unite!", use your baby's arms gently to do various movements (i.e. chopping, mashing), then dance with them when you "go bananas!"