

# 1+

# Planet Earth Sun Catchers



## What You Need:

- Tissue Paper (Blue & Green)
- Laminating Sheets (or Rolls)
- Scissors
- String
- Tape

## Directions:

1. Cut the blue and green tissue paper into small rectangle or square pieces (approximately 1 inch).
2. Place a laminating sheet (sticky side up) in front of your little one and let them stick the tissue paper down on it. Let them cover the paper in tissue paper anyway they would like. If they are a bit older, you can encourage them to stick the green paper close together to make land area, and the blue paper all around it to make water.
3. Place another sheet of the laminating paper on top, so the two sticky sides attach.
4. Cut the laminating paper into a circle.
5. Cut a piece of string (about 3-5 inches long) and tape one side to the laminated circle and the other side to a sunny window.



## Talking Points:

Celebrate Earth Day on April 22<sup>nd</sup> with this easy preschool activity. You can talk to your little one about how the colour green represents the land and the colour blue represents the water. Tell them that most of Planet Earth is made up of water and then encourage them to add more blue tissue paper than green. Talk to your little one about what animals live on land and what animals live in the water. You can also show them a globe and point to where you live on Planet Earth.

## Books:

-  [Earth Day: An Alphabet Book](#) by Gary A. Kowalski from [Vaughan Public Libraries](#)
-  [It's Earth Day!](#) By Mercer Mayer from [Vaughan Public Libraries](#)
-  [It's Earth Day, Cookie Monster](#) from [Vaughan Public Libraries](#)
-  [Big Bear Hug](#) by Nicholas Oldland from [Hoopla](#)

# 2+

# Plant a Seed



## What You Need:

- Eggshells (cracked in half)
- Egg Carton
- Soil
- Seeds
- Water
- Spoon

## Directions:

1. After you have finished cooking with eggs, make sure to put some of the shells that have been nicely cracked in half aside.
2. Have your little one place the cracked eggshells in an empty egg carton.
3. Using a spoon, have your little one fill each eggshell 3/4 of the way with soil.
4. Have your little one place a couple of seeds into each eggshell.
5. Cover the seeds with a little bit more soil (as per the seed instructions you are using).
6. Have an adult pour a small amount of water on top of each eggshell to make the soil moist (but do not soak).
7. Place in a warm area, preferably near a sunny south facing window (or under a grow light).



## Talking Points:

Many preschoolers love to plant seeds and learn about plant growth. Talk to your little one about how the soil and seeds feel in their hands, as well as, how plants and seeds need water and sun to grow.

Encourage them to be involved in the whole process and to patiently wait for the seeds to grow and to be responsible for taking care of the plant by helping to water it when it needs more water. If your little one is going to water the plants, try to use a spray bottle filled with water, so your little one doesn't accidentally overwater the seeds.

## Books:

- 📖 [Biscuit's Earth Day Celebration](#) by Alyssa Satin Capucilli from [Vaughan Public Libraries](#)
- 📖 [Earth Day Every Day](#) by Lisa Bullard from [Vaughan Public Libraries](#)
- 📖 [All the World](#) by Liz Garton Scanlon from [Kanopy Kids](#)
- 📖 [What Will Grow?](#) by Jennifer Ward from [Vaughan Public Libraries](#)

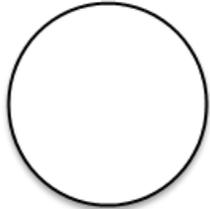
3+

# Earth Day Scavenger Hunt

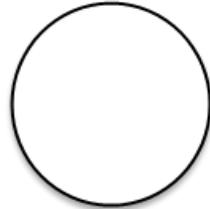
Print this page out, or if you don't have a printer, just write the items on a piece of paper. Go outside and have your little one, find the items. Once they find an item, have them put an 'X' in the circle.



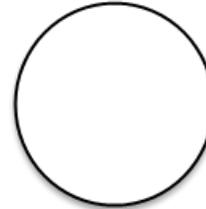
Singing Bird



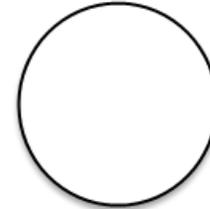
Green Leaf



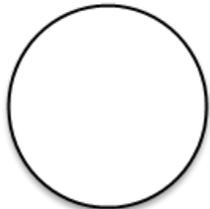
Cloud



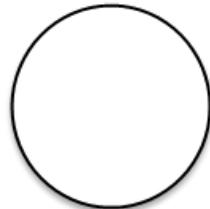
Trash Can



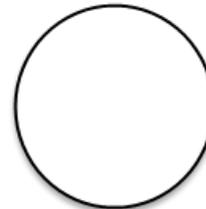
Animal Poo



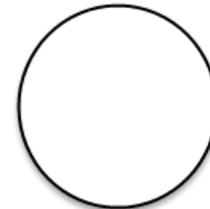
Animal Footprints



Recycling Bin



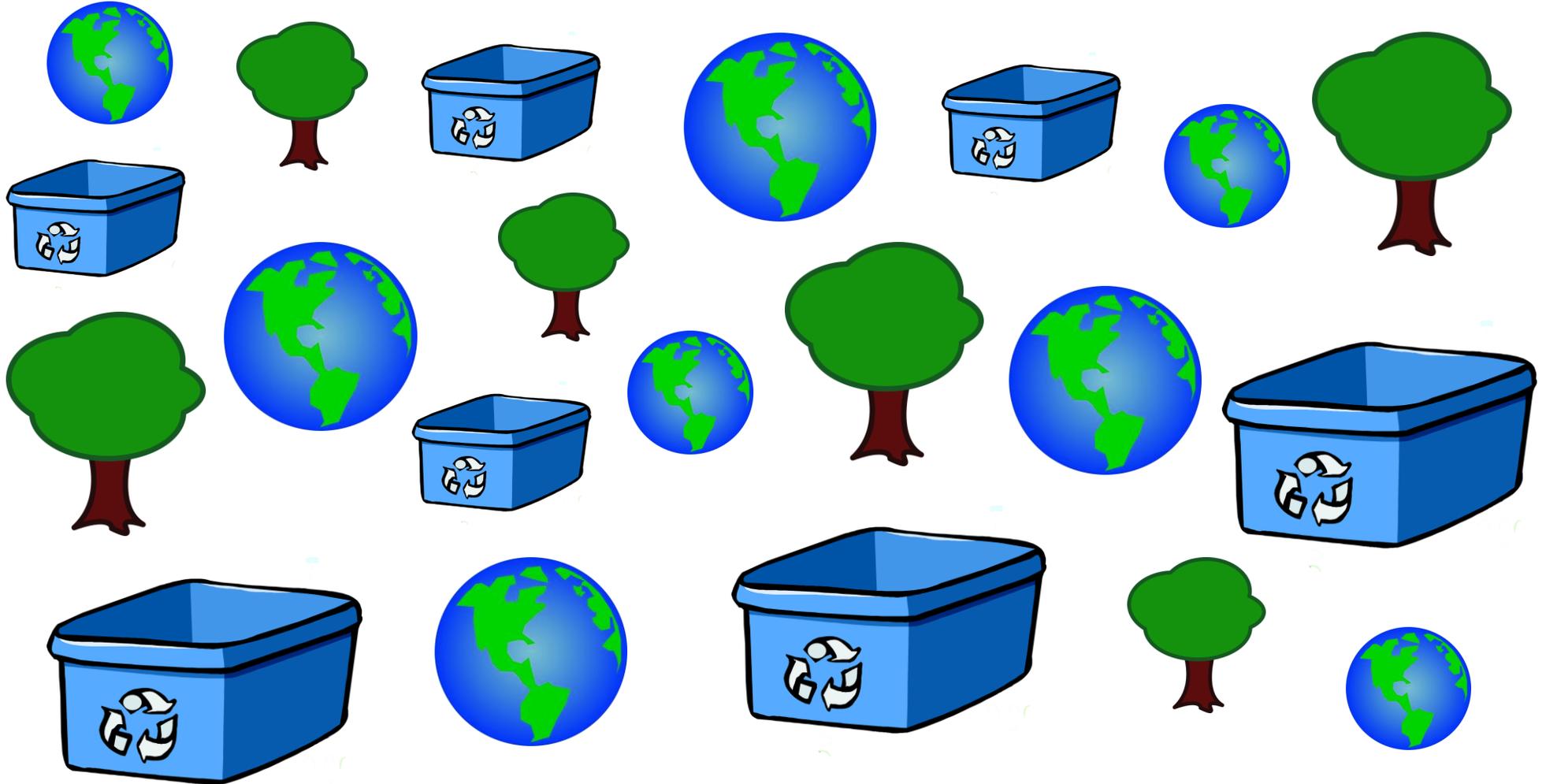
Flower



4+

# Earth Day Counting

Print this page out and count how many of each item.



How many  are there? \_\_\_\_\_

How many  are there? \_\_\_\_\_

How many  are there? \_\_\_\_\_

# Songs

## This Land

This land is your land  
This land is my land  
Let's work together  
To make it better

From tall green forests  
To clear blue waters  
This land depends  
On you and me!



## The Garden Song

Inch by inch  
Row by row  
Gonna make this garden grow  
All I need is a rake and hoe  
And a piece of fertile ground

Inch by inch  
Row by row  
Someone kiss these seeds I sow  
Someone warm them from below  
'Till the rain comes tumbling down

## Pick It Up

*Tune: London Bridge*

See the litter,  
Pick it up! Pick it up! Pick it up!  
See the litter, pick it up!  
Keep the Earth clean!

Let's make sure to  
Recycle, recycle, recycle!  
Let's make sure to recycle!  
Keep the Earth clean!

