

# 1+

# DIY Sidewalk Chalk



## What You Need:

- Cornstarch
- Water
- Paint Brush
- Small containers (to hold the sidewalk chalk)
- Food Colouring or Paint (washable paint is the best to ensure clothes are not stained)

## Directions:

1. Have your little one mix equal parts of cornstarch with water.
2. Have your little one add some food colouring (or paint) to the mixture.
3. Have an adult pour the mixture into a small container to hold the mixture.
4. Repeat steps 1-3 to make other colours.
5. Go outside and let your little one start decorating the sidewalks.



## Talking Points:

Talk to your little artist about what paint colours they want to make. Ask them why they decided to use those colours and to identify something else that is also the same colour.

Ask your little artist what they are going to paint on the sidewalk and why. Ask them if you can join in on the fun and create a masterpiece with them!

## Books:

- 📖 [Underneath the Sidewalk](#) by Claire Eamer from [Vaughan Public Libraries](#)
- 📖 [So, the Tree Told the Sidewalk](#) by Debra G. Weinstock from [Hoopla](#)

# 2+

# Sidewalk Obstacle Course



## What You Need:

- Chalk (or DIY Sidewalk Chalk - page 1)

## Directions:

1. Using chalk, create an obstacle course all the way down a sidewalk for your little one, and all the other children on your street to enjoy. If your little one is able, have them help you create the obstacle course as well by drawing some of the courses or telling you what to draw!
2. Some obstacles to include are hopscotch; follow the path; side stepping; run down the line; hop on left foot; hop on right foot; turn in a circle; walk backwards; balance on the line; count the rainbows/smiles along the obstacle course; clap your hands; hop like a bunny; dance (do the chicken dance); touch your toes; march; and side shuffle.



## Talking Points:

Talk to your little one about all the activities that you are creating on the sidewalk and explain/show them how to do the activities.

Talk about the chalk - what colours are being used, the texture of the chalk (hard and dusty), and the smell of the chalk.

## Books:

- 📖 [Elmer and the Race](#) by David McKee from [Vaughan Public Libraries](#)
- 📖 [The Nuts Keep Rolling!](#) by Eric Litwin from [Vaughan Public Libraries](#)

# 2+

# Water the Flowers



## What You Need:

- Chalk (or DIY Sidewalk Chalk - page 1)
- Watering Can or Plastic Container
- Water

## Directions:

1. Using some chalk, draw flowers on the pavement. You can have your little one colour in each flower you draw.
2. Fill a watering can with water.
3. Give the watering can to your little one and let them 'water' the flowers.

## Talking Points:

Talk to your little one about what colours are being used and what other items are the same colour.

Ask your little one what they think will happen when they water the 'plants'. Explain to them that flowers grow with lots of water and sun.

You can make this activity more difficult by putting a number or letter in the centre of the flower, then having your little one water the flower you call out. For example, you can say, 'can you find flower number 1 and water it'.

## Books:

- 📖 [Sidewalk Flowers](#) by JonArno Lawson from [Vaughan Public Libraries](#)
- 📖 [The Sidewalk Rescue](#) by H.J. Hutchins from [Vaughan Public Libraries](#)
- 📖 [Chicka Chicka 1, 2, 3](#) by Bill Martin from [Kanopy Kids](#)



# 3+

# ABC Game



## What You Need:

- Chalk (or DIY Sidewalk Chalk - page 1)

## Directions:

1. Using some chalk, write the alphabet onto the pavement or a sidewalk. You can write the alphabet in alphabetical order or mix it up.
2. Call out a letter and encourage your little one to step on top of the letter once they find it.

## Talking Points:

Talk to your little one about all the letters of the alphabet. When your little one is looking for a letter, say the sound of the letter. For example, you can say "can you find the letter F? It makes the sound 'fuh'". Once they find the letter, ask them to name something that starts with that letter.

You can also have your little one, jump on the letter three times once they find it, stand on the letter with one leg, clap three times when they find the letter, dance on the letter, or any other fun movement.



## Books:

- 📖 [Alphabet Adventure](#) by Kathy Broderick and Tony Neal from [Hoopla](#)
- 📖 [Chicka Chicka Boom Boom](#) by Bill Martin [Vaughan Public Libraries](#)

# Songs

## Play, Play, Play, Outside

*Tune: Row, Row, Row, Your Boat*

Play, play, play, outside  
Every single day.  
Run and jump  
Climb and slide  
Stay strong and healthy



## Put Your Coat On

*Tune: Did You Ever See A Lassie*

It's time to put your coat on  
Your coat on, your coat on  
It's time to put your coat on  
We'll all go outside

First one arm, then the other  
Then up goes the zipper  
It's time to put your coat on  
We'll all go outside

## Walking, Walking

*Tune: Frere Jacques*

Walking, walking (x2)  
Hop, hop, hop (x2)  
Running, running, running (x2)  
Now we stop (x2)

Tiptoe, tiptoe (x2)  
Hop, hop, hop (x2)  
Running, running, running (x2)  
Now we stop (x2)

Jumping, jumping (x2)  
Hop, hop, hop (x2)  
Running, running, running (x2)  
Now we stop (x2)

Dancing, dancing (x2)  
Hop, hop, hop (x2)  
Running, running, running (x2)  
Now we stop (x2)

